

Pay Yourself First

FDIC Money Smart for Young Adults





Objectives

- Explain why it is important to save
- Identify savings goals
- Identify savings options
- Determine which savings options will help you reach your savings goals



Spend or Save?









Pay Yourself First

- What does it mean to "pay yourself first"?
 - Put some money in a savings account before you buy things or pay bills





Benefits of Paying Yourself First

- Learn to manage money better
- Save money toward identified goals
- Improve your standard of living
- Have money for emergencies





Activity 1: Pay Yourself First Worksheet

Complete Activity 1 in your Participant Guide

- Write down your goals for the future
- Fill in the top half of the worksheet only
- Fill in the second half when the instructor directs you to



How Your Money Can Grow

- Interest
 - Paid to you for keeping your money on deposit with financial institutions
 - A percentage of the money in your account
- Compound interest
 - Money earned on the previously paid interest and money already in your account

Annual Percentage Yield (APY)

- The amount of interest you earn on a yearly basis
- Includes the effect of compounding
- Compare the APYs of the savings products, not the interest rates





Rule of 72

 A formula that lets you estimate how long it will take for your savings to double in value

72 ÷ Interest Rate = Number of Years

- $72 \div 4 = 18 \text{ years}$
- $72 \div 12 = 6\%$
- $72 \div 20 = 3.6\%$



Savings Products

- Types:
 - Savings account
 - Money market deposit account
 - Certificate of deposit (CD)
- Choose savings products that are federally insured
- Calculate your insurance coverage:
 - Electronic Deposit Insurance Estimator (EDIE): www.myfdicinsurance.gov



Activity 2: Savings Products

Complete Activity 2 in your Participant Guide

 Determine which savings product would be best for each situation



Non-Deposit Investment Products

Investments:

- Are long-term savings options purchased for future income or financial benefit
- Are NOT FDIC insured or bank guaranteed, so you could lose all the money you invest
- May earn and grow more than a regular savings account because of the risk
 you take when you invest

Types of Investment Products

- Stocks
- Bonds
- Mutual funds
- U.S. Treasury securities
- Retirement investments





Stocks

- You:
 - Own a share/part of a company
 - May receive dividends if the company profits
- The value of your investment changes (up or down) according to the stock market





Bonds

- You lend money to a corporation or government entity for a certain period of time
- I Bonds
 - Purchased at face value
- EE Bonds
 - Normally purchased at half their face value

Mutual Funds

- A product that combines money from many investors to purchase numerous separate investments
- Diversify: spread your risk of loss across many savings and investment options



U.S. Treasury Securities

- Treasury (T) bills
- Treasury (T) notes
- Treasury Inflation-Protected Securities (TIPS)
- Treasury (T) Bonds
- Minimum purchase price: \$100.00
- Backed by the U.S. Government



Retirement Investments

Products to help you save toward retirement:

Individual retirement arrangements (IRAs)

- 401(k) and 403(b) plans
- Variable annuities



IRAs

- May include a combination of investment products
- Are tax exempt
- Fluctuate with stock market
- Include Traditional IRAs and Roth IRAs





401(k) and 403(b) Plans

- 401(k):
 - Established by an employer
- 403(b):







Variable Annuities

- An insurance contract that invests your premium in various mutual fund-like investments
- Very costly
 - You should hold the annuity for at least 10 to 20 years to justify the fees



Activity 4: Investment Products

Complete Activity 4 in your Participant Guide

Match each investment product with the appropriate description



Special Savings Programs

- Individual Development Account (IDA)
 - A matched savings account for job training, education, business startup, or home down payment
- 529 College Savings Plan
 - An education savings plan operated by a state or educational institution



Other Investments



Owning a home

Value of home = \$250,000

Minus Debt = \$200,000

Equity = \$50,000

Owning a business



Activity 4: Pay Yourself First Action Plan

Complete Activity 4 in your Participant Guide

- Consider three decision factors when selecting the best savings and investment options
- Consider your financial goals and how you can save to reach them



Module Summary









Module Summary

Congratulations! You have learned:

- What it means to pay yourself first and how you can benefit by doing it
- About a number of saving and investment options
- How to decide what savings and investment options are best for you
- How your money can grow with compound interest
 - Tips to help you save more